

**MICHAEL'S
GIVING
H.A.N.D.**



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Michael P. Donatucci Foundation, Inc.
MICHAEL'S GIVING H.A.N.D.
Handling Anxiety Navigating Depression

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A non profit
EIN# 81-3501476
IRS tax exempt status under
501(c)(3) approved



It's tough being a teen today.

**MICHAEL'S
GIVING
H.A.N.D.**

**Helping teens,
parents,
counselors
and teachers
recognize and
understand
anxiety and
depression.**

Michael's Story



Michael was a son, a brother, a best friend. He was a gentle, compassionate man with a great smile.

A graduate of Waldron Mercy Academy, St. Joseph's Prep and

the University of Pennsylvania, Michael was brilliant by anyone's standards. He was a Chartered Financial Analyst (CFA), and eventually became the Chief Investment Officer for the City of Philadelphia.

What began as an anxiety condition evolved into depression for Michael. As many do, my brother suffered silently, never complaining, not even to those closest to him. No one who dealt with Michael on a regular basis ever realized what he was dealing with 24/7.



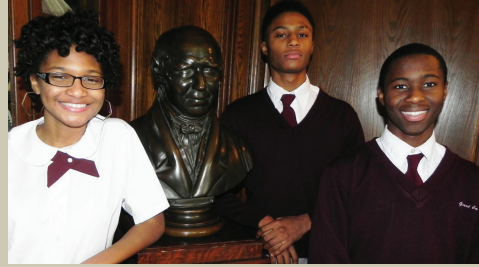
Our family is committed to sparing others the terrible pain and loss we feel every day. There is hope. We're extending a helping hand to all.

Thank you for your continued support,

Ron Donatucci, Jr.
Ron Donatucci, Jr.

You can make a difference.

The Plan



To bring anxiety and depression front and center by taking Michael's Giving Hand directly to high schools, making

presentations to students, parents, counselors, coaches and teachers.

To have real impact by partnering with adolescent psychiatric experts and educators to raise awareness about teen anxiety disorders and depression.



To remove the stigma of anxiety/depression by talking openly about these treatable diseases.

To provide hope by sharing resources to better understand and treat these diseases.

Teens



A recent Time Magazine article stated that "being a teenager today is a draining full-time job that includes schoolwork, managing a social media identity and fretting about career, family

finances, sexism, racism, shootings---you name it. Every fight or slight is documented on Facebook, Twitter and Instagram for hours or days after the incident. It's exhausting."*

In 2015, 3 million teens had had at least one major depressive episode in the past year; over 6.3 million teens have had an anxiety disorder. **

Experts suspect that these statistics are on the low end, since many teens do not seek help for anxiety and depression. In fact, only about 20% of young people with diagnosable anxiety disorder get treatment.



*Time Magazine, 10/27/16, Anxiety, Depression and the Modern Adolescent, Suzanna Schrobsdorff
**National Institute of Mental Health

Partners & Participants



The Psychiatric Department of Temple University Health System under the direction of

Dr. William Dubin, Chair, Psychiatry and Behavioral Science is making presentations to high school faculties, students and parents.

Topics include Anxiety. Depression. Substance abuse. Social bullying. The TUH doctors involved have a depth of experience and knowledge that create a basis for recognizing and understanding these mental health issues.

Participants to date

Central High School

Father Judge High School

Girard Academic Music Program (GAMP)

Prep Charter

Girard College

St. Joseph's Prep

Golf Outing Sponsors

Presenting Sponsors

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